

Sunday at Seven – Galatians 5:22 Love, Joy, Peace.

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.”

Reflection Questions

Love

1 John 4 vs 7-16

- *How does the Bible define love? How does that differ from common worldly definitions?*
- *How does the love of God shape our lives and our actions?*
- *How can we practically show love to others in our daily lives? Can you give any examples where you have seen God’s love demonstrated through other Christians?*
- *What are some of the challenges in loving others? How can a proper understanding of God’s love help us overcome these?*

Joy

Philippians 4:4, Romans 15:13, Romans 12:12

- *What brings you the most joy in your life right now?*
- *How does knowing God’s love, and experiencing His forgiveness, contribute to our joy?*
- *What steps can we take to cultivate joy in your daily life?*
- *When have you experienced joy in the midst of suffering?*
- *What are some practical ways to share the joy of the Lord with others?*

Peace

John 16:33, Philippians 4:6-7

- *How does having peace with God, through faith in Jesus, impact our lives?*
- *How can we trust God’s peace in the midst of difficult circumstances?*
- *Are there any specific situations or relationships where you need to actively pursue peace? What steps can you take?*
- *What does it mean to be a peace maker? How can we cultivate peace with others?*